Part 1. Differential White Blood cell count.

Besides carrying oxygen bound to hemoglobin, blood cells also function in immunity by destroying diseased cells and foreign bodies (viruses, bacteria, fungi). There are five different types of **white blood cells (WBCs)** or leukocytes that play differing roles in an animal's defense. **Granulocytes** are WBC with granules within their cell cytoplasm. Granulocytes include neutrophils, eosinophils, and basophils. **Neutrophils** are the most abundant WBC and function in quick (innate) immune responses and are usually the first WBCs at the scene of an inflammation. **Eosinophils** are WBCs that are seen with chronic inflammation and infection, allergies, and parasites. Eosinophil granules often stain bright pink/red/orange with the Wright's stain. **Basophils** (a.k.a. mast cells) are the most unusual granulocytes and have darkly staining granules. Basophils play a role in mediating inflammatory reactions involving histamine. **Agranulocytes** (B cells, specifically) are involved in humoral immunity in which they secrete antibodies that bind to antigens on the surface of invading cells and flag them for destruction. **Monocytes** are agranular WBC that migrate quickly to the site of inflammation & infection to destroy foreign cells and can migrate into the tissues (as macrophages) to continue to defend the body.

Below is a listing of normal ranges for WBCs in human blood:

Neutrophils: 55-75 % Lymphocytes: 25-35 % Monocytes: 4-6 % Eosinophils: 1-3 % Basophils: 0.4-1 %

*NOTE – Different sources might cite slightly differing percentages.

An easy mnemonic device to remember the frequency of WBCs from most to least frequent is *Never Let Monkeys Eat Bananas.*

To examine white blood cells.

1. Your instructor might have you examine alreadyprepared blood smears. If so, go directly to step 4! If your instructor wants you to make your own blood smear slide follow steps 2 & 3.

- 2. After the blood has dried cover the surface with Wright's stain for two minutes. When adding the stain, count the number of drops. After two minutes add the same number of drops of DI water. Allow the diluted stain to cover the smear for four minutes.
- 3. Gently wash away stain with water, blot underside of the slide dry with a paper towel, then set slide aside briefly to dry.



Blood Cells

4. Look at the blood cells using a microscope. [If you are unfamiliar with using a microscope please see your instructor first!] Start first at a lower magnification and adjust the course focus, then when the cells are visible you can switch to a higher magnification and use the fine focus to bring the cells into view. Scan your smear in a regular manner (up then over and then down and over) and count the numbers of each type of each white blood cell. Stop when you reach ~100 white blood cells.

TABLE 1	NEUTROPHIL	EOSINOPHIL	BASOPHIL	LYMPHOCYTE	MONOCYTE
HUMAN %	55 – 75%	1-3%	< 1%	25-35%	4-6%
YOUR SAMPLE					

Questions:

How does your sample compare to the normal? _____

Part 2. Blood typing

B lymphocytes produce **antibodies** (or immunoglobulins) that bind to **antigens** (molecules on the surface of cells) and cause a cascade effect in the immune system that destroys the cells bound by antibodies. The surface of red blood cells contains a group of antigens that distinguish a blood type within the ABO blood type system of humans.

1. Blood type A has RBCs with A antigens (agglutinins) and anti-B antibodies. Anti-B antibodies in Type A blood will cross react against the B antigens in Type B blood; thus, Type A people can receive blood only from Type A or Type O people.

2. Blood type B has RBCs with B antigens and anti-A antibodies. Anti-A antibodies in Type B blood will cross react against the A antigens in Type A blood; thus, type B people can receive blood only from Type B or Type O people.

3. Blood type AB has RBCs with both A and B antigens but lacks any antibodies. Without these antibodies Type AB blood will not cross react with either A or B antigens. Thus, Type AB people can receive blood from Type A, Type B, and Type O people. This is why Type AB people are called "**universal recipients**".

4. Blood type O has RBCs with no antigens. Thus, there are no antigens to cross react with either anti-A or anti-B antibodies. Type O people can donate blood to either Type A, Type B, or Type AB people and they are called the "**universal donor**". However, Type O people can only receive blood from other Type O people. Fortunately, Type O blood is one of the most common blood types (Table 2)

Rh factor (Rhesus factor) is one of the human blood group systems outside of ABO. The Rh blood group system consists many antigen groups; however antigen D is the most important in determining potential cross-reactivity in blood transfusions or hemolytic anemia in newborns. If someone is Rh- (neg) they lack the D antigen and if they are Rh + (pos) they have the D antigen. For example, someone who is A- is Type A lacking the Rh D antigen. Likewise, someone who is A+ is Type A having the Rh D antigen.

What antibodies does Type O blood have?

What antibodies does Type AB blood have? _____

What antigens does Type A blood have? _____

How to Determine Your Blood Type:

1. Place a drop of blood into each of three wells of the blood typing card where indicated (see image)

2. Add anti-A (blue solution) to the A well, anti-B (yellow solution) to the B well, and anti-Rh (clear solution) to the Rh well. [*Be careful not to touch the tip of the bottle to your blood sample because that would contaminate the bottle!*] *Mix the blood and solutions together with a toothpick.*



3. Observe any agglutination (see image for agglutination) in the samples and determine your blood type.



You and your instructor will summarize the blood types in the class according to table 2 below. How do the percentages of blood types reported for the class compare with those reported in Table 3 below?

Table 2. Percentage of Blood Types in a Human Physiology Lab.						
ABO & Rh Type	Actual Count / Class size	%	Total %			
0+						
0-						
A+						
A-						
B+						
B-						
AB+						
AB-						

 Table 3. Approximate incidence of blood types in USA (%). Updated

 2023

Blood type	%	Total % without Rh	
0+	37.4%	44%	
0-	6.6%		
A+	35.7%	42%	
A-	6.3%		
B+	8.5%	10%	
В-	1.5%		
AB+	3.4%	4%	
AB-	0.6%		

Source: <u>https://en.wikipedia.org/wiki/Blood_type_distribution_by_</u>country