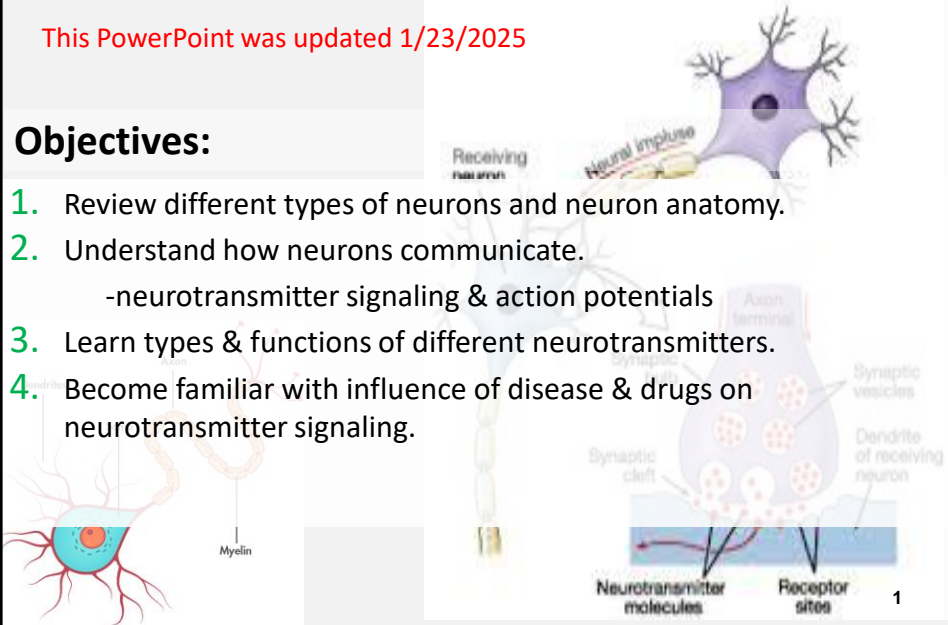


Ch 4, part 1: Neurons, Neurotransmitters, and Cell Communication.

This PowerPoint was updated 1/23/2025

Objectives:

1. Review different types of neurons and neuron anatomy.
2. Understand how neurons communicate.
 - neurotransmitter signaling & action potentials
3. Learn types & functions of different neurotransmitters.
4. Become familiar with influence of disease & drugs on neurotransmitter signaling.



1

Different Types of Neurons

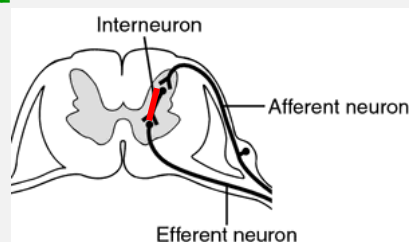
Anatomy REVIEW! See Pg 56, 73-74 of Wiki physiology book

1. Neurons

a) Sensory (afferent) neurons =

b) Motor (efferent) neurons =

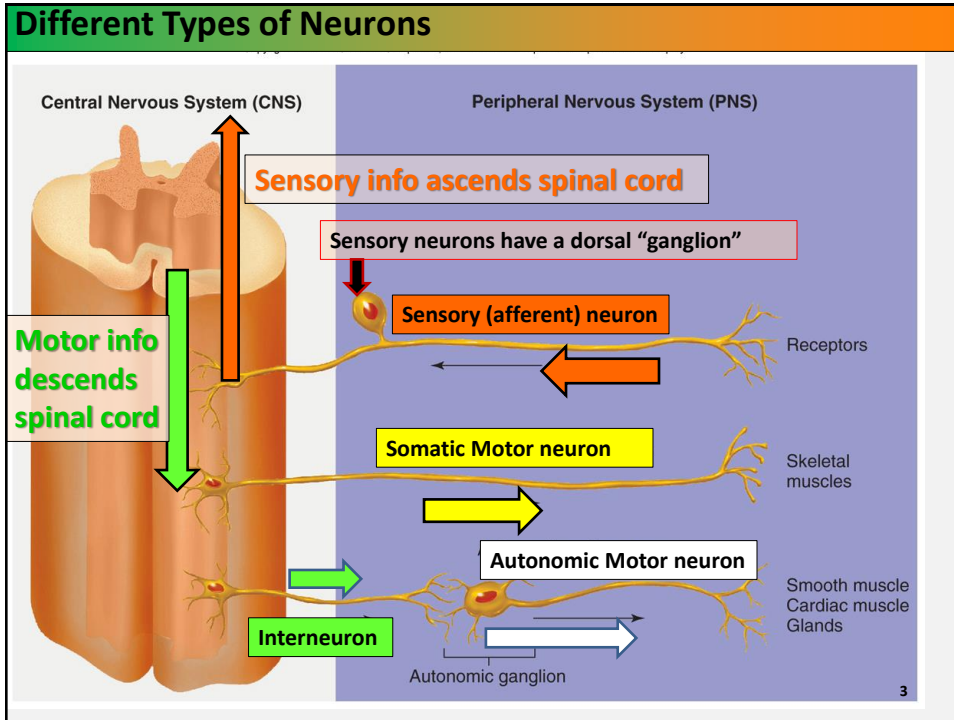
2. Interneurons (in CNS) =



3. Neuroglial (Glial) Cells =


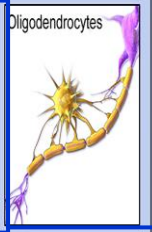



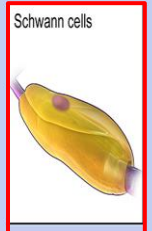
2

2



3

5 Types of Glial Cells (4 in CNS & 2 in PNS)

Types of Neuroglia		
Central Nervous System	Peripheral Nervous System	
 <p>Ependymal cells</p>	 <p>Oligodendrocytes</p>	<p>Ependymal cells =</p>
 <p>Astrocytes</p>	 <p>Satellite cells</p>	<p>Astrocytes =</p>
 <p>Microglia</p>	 <p>Schwann cells</p>	<p>Microglia =</p>
		<p>Schwann cells (PNS) & Oligodendrocytes (CNS) =</p>
		<p>Satellite cells =</p>

Click [HERE](#) to read about satellite cells as future pharmacological targets for managing pain.

4

Neuron Anatomy (Anatomy Review!)

Dendrites = picks up sensory info from other neurons.

Cell body = where cell nucleus of neuron found.

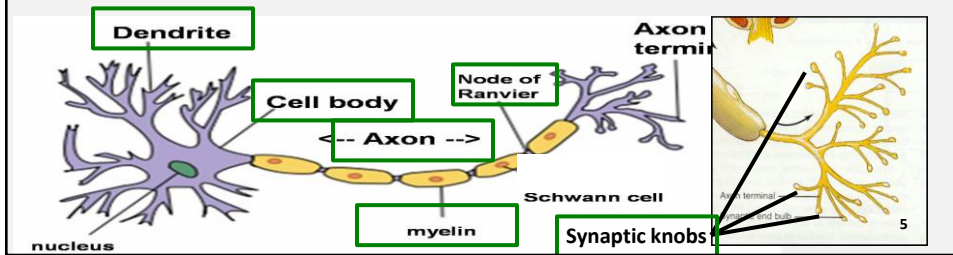
Axon = elongated tube that transmits impulse from cell body to synaptic knobs (end of neuron)

Myelin sheath = insulated wrappings around axon that keeps signal from dissipating from axon. [*unmyelinated axon = 0.5 m/sec VS myelinated axon = 100 m/sec!*]

Nodes of Ranvier = gaps in myelin sheaths where signal jumps to next node (faster conduction)



Synaptic knobs = neuron end where electrical impulse turned into a neurotransmitter.



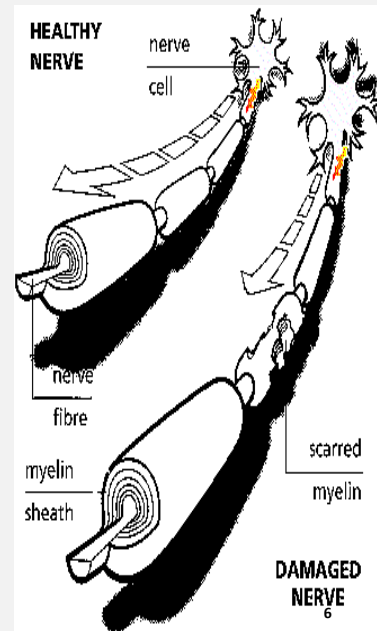
5

Multiple Sclerosis (Clinical App [online](#) & Pg 74 Wiki book)

=

It slows transmission of electrical impulses, especially in motor neurons involved in movement.

Patients have motor (movement) and many other problems.



6

1. Different Types of Neurons and Neuron Anatomy

Pre-synaptic neuron =

Post-synaptic neuron =

Secretory vesicles =

Neurotransmitter =

Synapse =

Receptor with ion channel =

*Binding of receptor opens ion channel & **ions** flood into cell, causing AP.*

The diagram illustrates the process at a chemical synapse. On the left, a presynaptic neuron (orange) contains secretory vesicles (green) that release neurotransmitters (green dots) into the synaptic cleft. These neurotransmitters bind to receptors on the postsynaptic neuron (purple), which opens ion channels. This allows Na+ ions to enter the cell and K+ ions to exit, creating a local potential. Labels include: Presynaptic neuron, Ach (acetylcholine), Na+, K+, and Postsynaptic neuron.

7

This diagram shows a close-up of the presynaptic terminal. It features several secretory vesicles (yellow) containing neurotransmitters, a voltage-gated calcium channel (green) on the membrane, and a voltage-gated potassium channel (purple) on the opposite side. The terminal is connected to the postsynaptic neuron via a narrow neck.

Click [HERE](#) for GIF

8

Review

Types of neural tissue

- Neurons (sensory/afferent, motor/efferent, and interneurons)
- Neuroglial (Glial) cells
 - CNS – astrocytes, microglia, ependymal cells, oligodendrocytes
 - PNS – schwann cells, satellite cells

Anatomy of a neuron

- Cell body, dendrites, axon, myelin sheath, nodes, synaptic knobs, synapse, secretory vesicles, neurotransmitters, pre-synaptic neurons, post-synaptic neurons.

Neurons communicate with post-synaptic cells by secreting neurotransmitters, which bind to receptor on post-synaptic cell and open up ion channels.

9

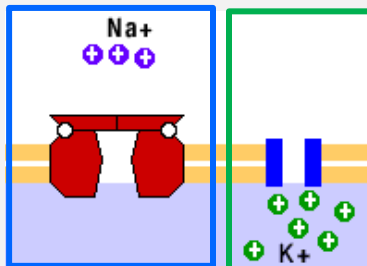
9

2. How Neurons Communicate with Cells

Neurotransmitter signaling = a chemical signal binds to receptor on cell membrane (ex. When acetylcholine binds to a receptor), which:

Pg 57 in Wiki physiology textbook

- ① **Opens Na^+ channel or Ca^{+2} channel** in membrane, Na^+ or Ca^{+2} floods into cell causing **action potential (AP)** or “**depolarization**”, which **stimulates** a cell.
- ② If **K^+ channels or Cl^- open**, causes “**repolarization**” or **rest**, which **inhibits** cells.



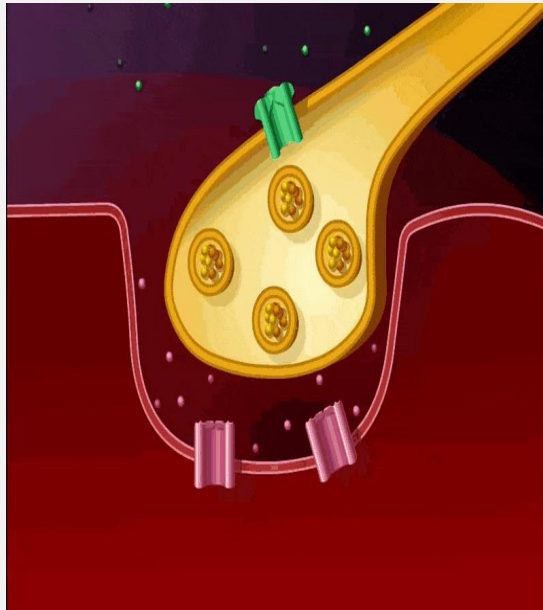
10

10

Neurotransmitter signaling:

1. Pre-synaptic neuron releases neurotransmitter (like ACh) into synapse.
2. Neurotrans. binds to receptor on post-synaptic cell, opens ion (usually Na⁺) channels on cell membrane.
3. Na⁺ floods into cell, causes **action potential (AP)** to form.
4. AP travels through cell.

Click [HERE](#) for GIF



Click [HERE](#) on the PDF copy of this powerpoint for an excellent YouTube video of how neurotransmitter can either stimulates a post-synaptic cell or inhibit it.

11

11

Ion channels and cell stimulation or inhibition

Pg 57 in Wiki Physiology textbook

IN GENERAL:

If a neurotransmitter binds to a receptor on a cell and it **opens sodium (Na⁺) or calcium (Ca²⁺) ion channels** it will

Sodium is always **Stimulatory**.
Calcium makes cells **Crazy!**



Example: the increase in heart rate with epinephrine binding to its **Beta-1 adrenergic receptor** on **heart muscle cells** is due to opening of Na⁺ and Ca²⁺ channels!

Click [HERE](#) for YouTube video of cell being stimulated versus inhibited, based on what ion channel opens.

12

12

Ion channels and cell stimulation or inhibition

Pg 57 in Wiki Physiology textbook

IN GENERAL:

If a neurotransmitter binds to a receptor on a cell and it opens **potassium (K⁺) or chloride (Cl⁻) ion channels**, it will

potassium (K⁺) helps cells **Kick back and relax**.
Chloride helps cells stay **Calm**.



Example: the decrease in heart rate with **acetylcholine (ACh)** binding to its **muscarinic cholinergic** receptors on heart muscle is due to opening of **K⁺ channels!**

Click [HERE](#) for YouTube video of cell being stimulated versus inhibited, based on what ion channel opens.

13

13

Neurotransmitter binding to receptor opens stimulatory ion channel:

CAN EITHER:

A) Cause an Action Potential (Excitatory post-synaptic potential or EPSP) =
IF neurotransmitter binds to receptor that opens **Na⁺ or Ca²⁺ channels** & causes an AP to form.

- EPSP can produce "graded potential" =

Example: Oxytocin release during breastfeeding vs childbirth

- EPSP can produce "summation" = Repeated (high frequency)

14

14

Neurotransmitter binding to receptor opens inhibitory ion channel :

CAN EITHER:

A) Cause an Action Potential (Excitatory post-synaptic potential or EPSP) =
IF neurotransmitter binds to receptor that opens **Na⁺ or Ca²⁺** channels, & causes an AP to form.

- EPSP can produce "graded potential"
- EPSP can produce "summation"

B) Inhibits an Action Potential (Inhibitory post-synaptic potential or IPSP) =
IF neurotransmitter binds to a receptor & opens **K⁺ or Cl⁻** channels, prevents an AP from forming.

15

15

Regulation of Neurotransmitter Action:

The 2 R's:

1) **Receptor types**

- neurotransmitter effect depends on what kind of receptor it binds to.

Either:

A. Nicotinic (ion-gated) receptor –



B. Muscarinic (G-protein coupled) receptor –

2) **Removal systems for neurotransmitters**

(4 removal systems – find on slide 23)

16

16

1) Receptor types:

A. Nicotinic (Ion-gated) receptor on skeletal muscles

- For ACh neurotransmitter
- Binding of receptor by ACh causes Na⁺ ion channels to open
- **Na⁺** channels opening causes stimulation of a cell (muscle cells contract)

Skeletal muscle cells have nicotinic cholinergic receptors for ACh, which open Na⁺ channels for voluntary muscle contraction.

17

17

1) Receptor types:

A. Nicotinic (Ion-gated) receptor

- For ACh neurotransmitter
- Binding of receptor by ACh causes Na⁺ ion channels to open
- **Na⁺** channels opening causes stimulation of a cell (muscle cells contract)

Thus, skeletal muscle cells have nicotinic cholinergic receptors for ACh for voluntary movement.

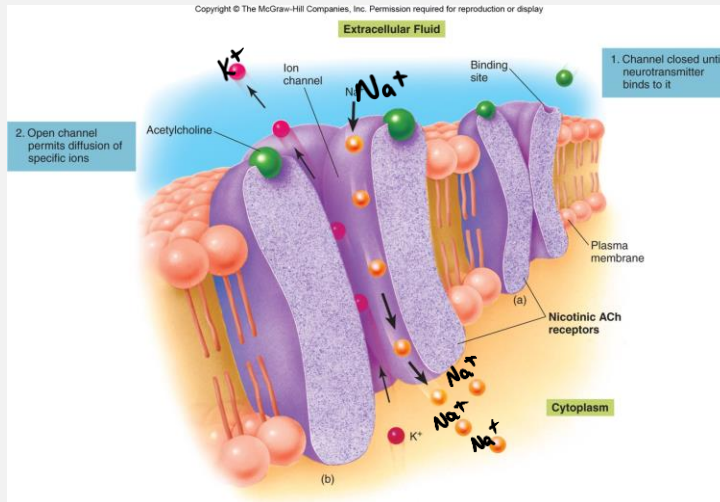
B. Muscarinic (G-protein coupled) receptor for cardiac muscle, smooth muscle, or gland cells:

- Neurotransmitter binding to cell receptor activates a G-protein
- then opens ion channels.
 - IF Na⁺ and Ca²⁺ channel opens =
 - IF K⁺ or Cl⁻ channel opens =
- For ACh, norepinephrine & epinephrine, & other neurotransmitters
- **Muscarinic** receptors are for **involuntary** actions (heart muscle, smooth muscle, and gland cells **MUST** respond).

18

18

Ex. Nicotinic cholinergic (ACh) receptors

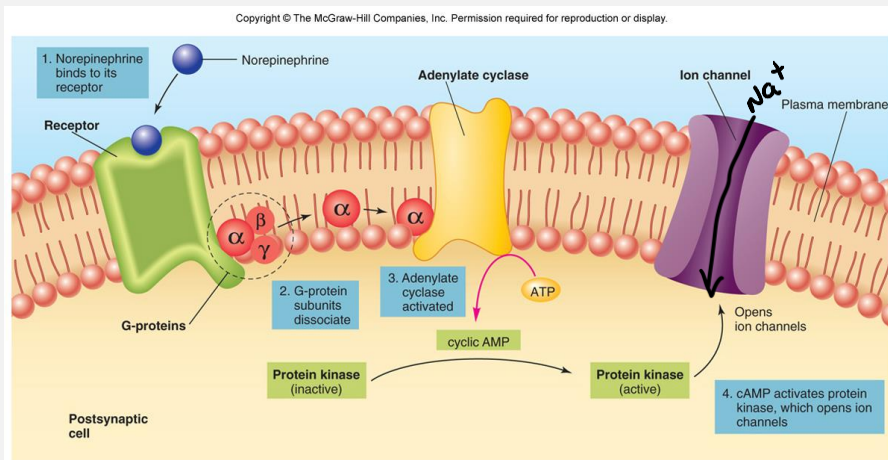


Is this neurotransmitter and receptor going to have an EPSP or IPSP response? _____

19

19

Ex. Muscarinic adrenergic (epinephrine, norepinephrine) receptors

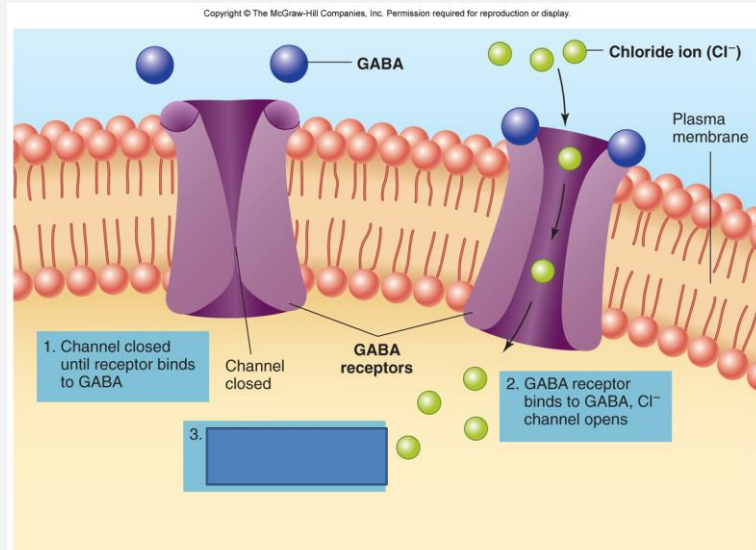


Is this neurotransmitter and receptor going to have an EPSP or IPSP response? _____

20

20

Ex. Muscarinic GABA receptor



Is this neurotransmitter and receptor going to have an EPSP or IPSP response? _____

21

21

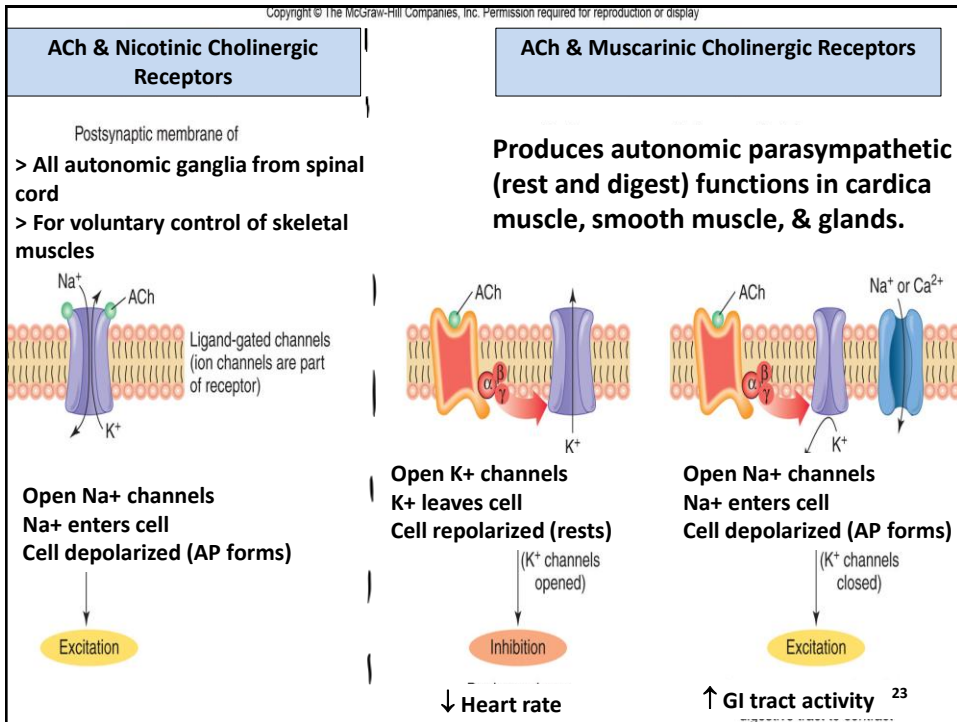
For ACh and its receptors:

TABLE 6.4 Effects of Acetylcholine (ACh) in the PNS

Neurons Releasing ACh	Location	Type of ACh Receptor	Response	Physiological Effect
Somatic (voluntary) motor neurons	Skeletal muscles	Nicotinic cholinergic	Depolarization, producing action potentials	Muscle contraction
Parasympathetic (involuntary) motor neurons	Smooth muscles, glands	Muscarinic cholinergic	Depolarization, producing action potentials	Contraction of smooth muscles; secretion of glands
Parasympathetic (involuntary) motor neurons	Heart	Muscarinic cholinergic	Hyperpolarization, slowing the rate of automatic production of action potentials	Slowing of heart rate

22

22



23

1) Receptor Types:

2) Neurotransmitter Removal Systems:

4 Systems:

i) **Diffusion** =

ii) **Enzyme Breakdown** =

- Ex. ACh-E =

MAO =

iii) **Glial removal** =

v) **Reuptake** =

Ex. Prozac, Lexapro, Citalopram are SSRI's.

SSRI =

Pg 65 & 75 Wiki physiology text

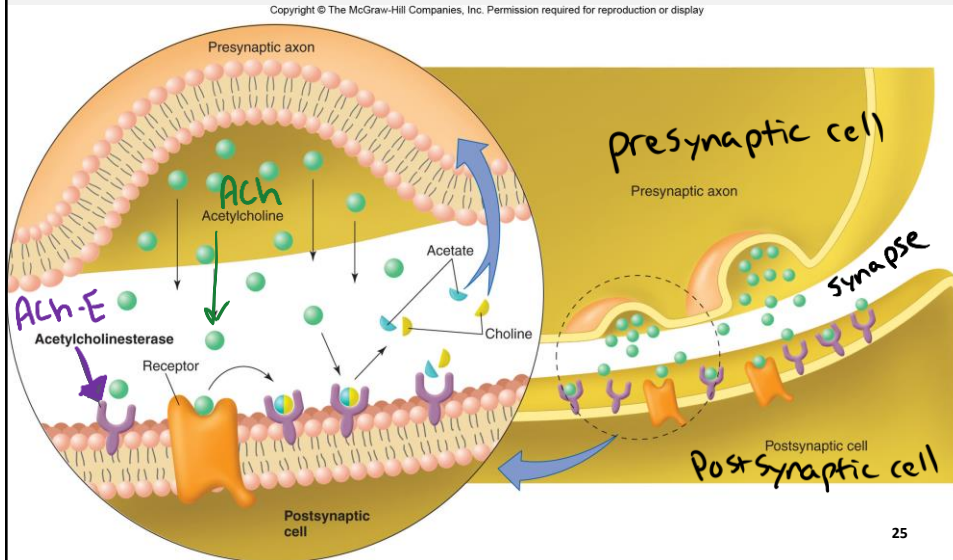
Click [HERE](#) for a YouTube video that explains neurotransmitter removal

24

24

Ex. Enzyme breakdown of neurotransmitter:

Acetylcholinesterase (ACh-E) = enzyme that breaks down ACh in synapses. (Ex. Between somatic motor neurons & skeletal muscle cell)



25

Click [HERE](#) on the PDF copy of the powerpoint for a YouTube video of ACh release into synapse, binding to receptor on a cell & opening Na⁺ channel, then breakdown of ACh by ACh-E

26

26

Review

Neurotransmitters @ synapse

- Neurotransmitter released at synapse & binds to receptor on post-synaptic cell.
- If that receptor opens Na⁺ or Ca²⁺ channels, it causes an EPSP (cell is stimulated)
- If that receptor opens K⁺ or Cl⁻ channels, it causes an IPSP (cell inhibited or rests)
- EPSPs can have: Graded potential or summation

2 Ways neurotransmitters regulated:

- Receptor types (nicotinic versus muscarinic)
- neurotransmitter removal systems

27

27

4. Types and Functions of Neurotransmitters

+ stimulatory – inhibitory	CNS neurotransmitters	PNS neurotransmitters
I. Choline-derived:	ACh is + in CNS	ACh autonomic Parasympathetic regulation if PNS + or –
II. Mono-amine derived (catecholamines):	norepinephrine (+) dopamine (+) Serotonin (10% receptors in brain)	epinephrine (autonomic Sympathetic regulation of PNS) is + or – Serotonin (90% receptors in intestines)
III. "Other" amino acid derived:	Glutamate (+) stimulates brain Glycine (-) GABA (-) (gamma amino butyric acid)	
IV. Soluble gas:	nitric oxide (NO)	nitric oxide (NO)

28

28

I. Acetylcholine (ACh)

- In both CNS & PNS
- Both excitatory (EPSPs) and inhibitory (IPSPs) – depending on ion channel
- Enzyme breakdown by **acetylcholinesterase (ACh-E)**

- Involves 2 types cholinergic receptors:

Review!

1) Nicotinic cholinergic receptor

- ACh released @ neuromuscular junction (between somatic motor neuron & skeletal muscle cells)
- excitatory only (EPSPs), opens Na⁺ channels on skeletal muscles.
- causes skeletal muscles to contract.



29

29

I. Acetylcholine (ACh)

- In both CNS & PNS
- Both excitatory (EPSPs) and inhibitory (IPSPs) – depending on ion channel
- Enzyme breakdown by **acetylcholinesterase (ACh-E)**

- Involves 2 types cholinergic receptors:

Review!

1) Nicotinic cholinergic receptor

- ACh released @ neuromuscular junction (between somatic motor neuron & skeletal muscle cells)
- excitatory only (EPSPs), opens Na⁺ channels on skeletal muscles
- causes skeletal muscles to contract.



2) Muscarinic cholinergic receptor (for ACh or epinephrine)

- for **autonomic parasympathetic regulation of smooth muscles, cardiac muscle, and glands. They MUST respond.**
- **inhibitory (IPSPs)** on cardiac muscle if **K⁺** or **Cl⁻** channels open.
(Ex. ↓ heart rate & contractile strength)
- **stimulatory (EPSPs)** in GI smooth muscle & glands if **Na⁺** or **Ca⁺²** channels open. (↑ GI activity)

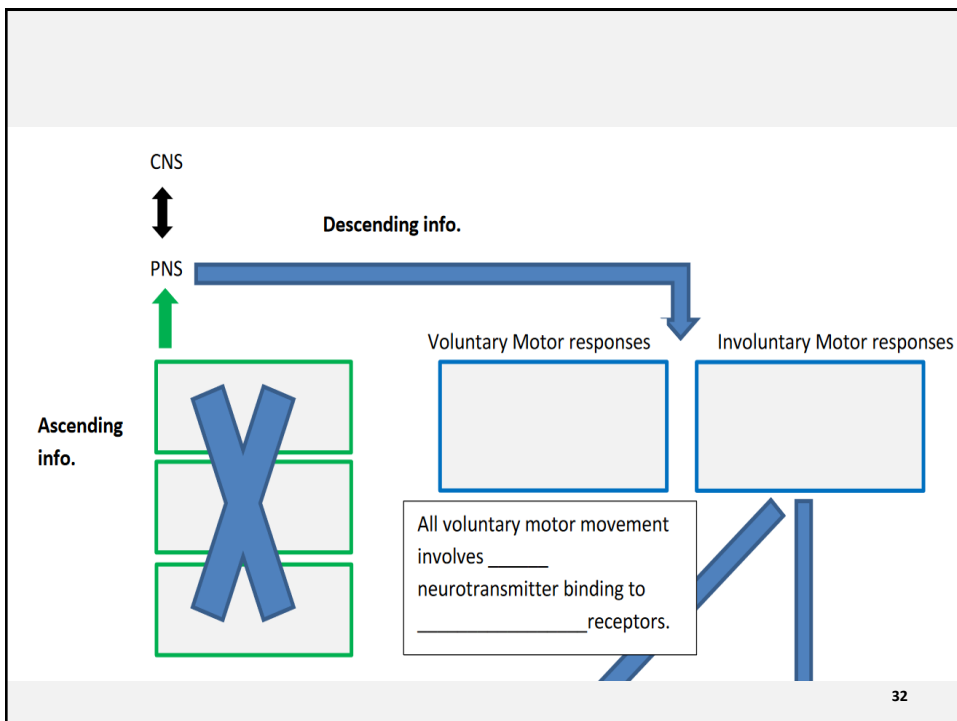
30

30

Click [HERE](#) for ACh blank flow diagram,
and [HERE](#) for KEY.

31

31



32

Parasympathetic Motor responses	
	<p>X _____ nerves</p> <p>heart rate _____</p> <p>BP _____</p> <p>bronchioles _____</p> <p>GI peristalsis _____</p> <p>GI secretions _____</p> <p>GI arterioles _____</p>
	<p>X _____ nerves</p> <p>urination _____</p> <p>defecation _____</p>
	<p>All parasympathetic motor responses work by _____ neurotransmitter binding to _____ receptors.</p>

33

33

Drugs/agents that influence activity of a neurotransmitter:

Agonist =

Antagonist =

34

34

I. Inhibition of enzyme ACh breakdown.

A) Acetylcholinesterase inhibitor (ACh-EI)

-
-
- causes **“cholinergic syndrome”**



Malathion fogging by truck

Question: Is an ACh-EI
 an ACh **AGONIST?** OR **ANTAGONIST?**

Ex. 1: Organophosphate pesticides are ACh-EI's

- Malathion – mosquito control
- Carbamate – general insecticide
- Chlorpyrifos (dursban) – used in flea & tick meds
 (banned in USA, 2001) **DO NOT USE!!!**



Carbamate spraying of crops

35

Ex. 2: Non-organophosphate pesticide = Pyrethrins
 (from *Chrysanthemum* plant)

- Likely an ACh-EI in cats (**DO NOT USE!!!**), but not dogs

KILLS & REPELS:

- fleas
- ticks
- lice
- mosquitoes
- gnats
- flies

ACTIVE INGREDIENTS:

(S)-Methoprene (CAS #65733-16-6)	0.27%
Pyrethrins (CAS #8003-34-7)	0.20%
Piperonyl Butoxide (CAS #51-03-6)	0.37%
Neocyl Bicycloheptene Dicarboximide (CAS #113-48-4)	0.62%
OTHER INGREDIENTS:	98.54%
TOTAL	100.00%

Net Contents 1 pt (16 fl oz) (473 ml)

KEEP OUT OF REACH OF CHILDREN
CAUTION
 See Back Panel for Additional Precautionary Statements

Product Date: 10/20/2017
 RMA: 330006075
 08-1301

36

I. Acetylcholine (ACh) - inhibition of enzyme breakdown.



Ex. 3: Sarin gas (biological weapon - nerve gas) are ACh-EI's

– Clinical App [online](#)

Sarin attack in subways:

Tokyo, Japan 1995

12 people died, 5,000 injured.



2012 – Syrian government threatening use of sarin chemical warfare against rebels.

2013 – Attack happened by rockets to surface delivery.
3,600 hospitalized patients displayed neurotoxic effects attributed to Sarin gas.



Estimated 281 – 1,729 deaths by neurotoxicity.

37

“Clinical Presentation” of someone cholinergic syndrome =

Mnemonic for cholinergic syndrome:

DUMBELSS - stands for

D

U

M

(constricted pupils)

B

B

E

L

S

S



38

38

Treatment for cholinergic syndrome from ACh-EI exposure:

To reverse cholinergic syndrome:

Pralidoxime (2-PAM)



To Treat symptoms:

Atropine (*Physiology in Health & Disease* Pg 119 and [online](#))



Stops symptoms of **DUMBBELSS**

Question: is Atropine an ACh agonist or antagonist?

Valium ([benzodiazepine](#)) *Clinical App* Pg 114 and [online](#)



Ques: is Valium a GABA agonist or antagonist?

39

Toxins that are ACh Agonists:

Clinical App [online](#)



A. Tetanus = toxin produced by *Clostridium tetani*

Tetanus victim

(found on rusty metal – puncture wound)

- is an ACh agonist
- promotes muscle tetany (“spastic paralysis” OR “hypertonia”)
- [trismus](#), or lockjaw
- also a Glycine and GABA antagonist (prevents muscle relaxation).

- prevent w/booster of **tetanus vaccine** every 10 yrs

- suspect exposure, give shot of **tetanus antitoxin**



40

Toxins that are ACh Antagonists : *Clinical Applications* [online](#)

Clinical “presentation” of someone w/ACh insufficiency =

A. Botulism = toxin produced by *Clostridium botulinum*

- > Prevents ACh from leaving presynaptic vesicles (no ACh no skeletal muscle contractions!)
- > Causes **flaccid paralysis or hypotonia** (is an ACh antagonist)



B. Paralytic shellfish poisoning ([online](#))

- > Shellfish harvested during red tide have “saxitoxin”
- > Blocks ACh nicotinic cholinergic channels (prevent Na⁺ entry)
- > Prevents skeletal muscle contraction
- > **flaccid paralysis or hypotonia** (is an ACh antagonist)



c. Pufferfish poisoning ([online](#))

- > Fugu fish have “tetrodotoxin”.
- > Blocks ACh nicotinic cholinergic channels (prevent Na⁺ entry)
- > Prevents skeletal muscle contraction
- > **flaccid paralysis or hypotonia** (is an ACh antagonist)

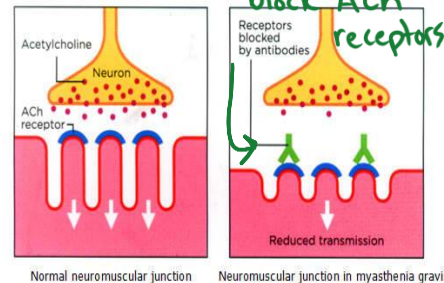


41

“Other Disorders” of ACh insufficiency a.k.a. ACh antagonists):

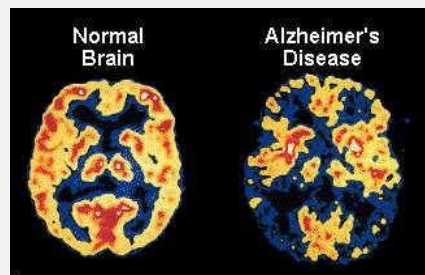
Myasthenia gravis ([Clinical App online](#))

- > Autoimmune destruction of ACh receptors.
- > Reduced muscle function, weakness, pharyngeal swallowing problems.



Alzheimer's disease

- > loss of ACh producing neurons in brain.
- > Excess glutamate production in brain (glutamate toxicity)
- > memory problems.



42

Question: What drug could you give a patient with low ACh (like Alzheimer's), or have a loss of ACh receptors (like Myasthenia gravis), to improve their functioning and help their symptoms?

An Acetylcholinesterase inhibitor!

Ex. For Alzheimer's: Galantamine, Rivastigmine, Donepezil

Ex. For myasthenia gravis: Neostigmine & Pyridostigmine

Although these drugs improve muscle function with these disorders, they DO have side effects from increased ACh, such as bradycardia, spastic gut, excess urination, and bronchoconstriction (part of DUMBBELLS).

What drug could you give to keep heart rate up, slow down the GI system, and to decrease the urination and bronchoconstriction??

Atropine! (blocks muscarinic cholinergic receptors.

Click [HERE](#) for a really good YouTube video explaining the problem with ACh signaling in myasthenia gravis, and the drugs used to diagnose and treat the disorder.

43

43

Review

– Types of Neurotransmitters

• ACh signaling

- Voluntary skeletal muscle contraction
- Involuntary actions on heart and smooth muscle
- Removal of ACh by ACh-E
- Cholinergic syndrome (DUMBBELLS) and its treatment
- Chemicals & Toxins that are ACh agonists (organophosphate pesticides, Permethrin insecticides, sarin gas, and tetanus toxin)
- Toxins that are ACh antagonists (botulism toxin, saxitoxin, tetrodotoxin)
- Disorders of ACh signaling in Alzheimers and Myasthenia gravis

44

44

II. Monoamine Neurotransmitters

Fri Lecture

Catecholamines

> dopamine, norepinephrine & epinephrine (all made from tyrosine)

Dopamine – plays role in fine motor control
And reward for pleasurable activities (also
Plays role in psychological addictions)

Serotonin - made from tryptophan. 10% receptors in CNS, 90% receptors in GI system. Plays role in memory, moods, emotions.

Regulated by:

- 1) Reuptake** – primarily with serotonin

QUES: What are SSRI's?

- 2) Enzyme breakdown by monoamine oxidase (MAO)** – breaks down dopamine, norepinephrine & epinephrine, *and some serotonin.*

The Catecholamines

45

45

II. Monoamine Neurotransmitters – inhibiting enzyme breakdown.

If have low levels of dopamine, serotonin, or norepinephrine can treat with MAO-I's to buildup monoamines in synapse.

MAO-I = monoamine oxidase inhibitor (or a monoamine agonist)

2 types MAO-I's:

- MAO-I A** - agonist to norepinephrine & serotonin
(think **A** for **A**gitation or anxiety, and **A** for **A**ppetite)
- MAO-I B** – agonist to dopamine
(think **B** for **D**ope **B**eat)

See supplemental reading [online](#) for MAO-I's

46

46

II. Monoamine Neurotransmitters

Serotonin

- 10% of serotonin receptors in brain regulates memory, moods, emotions, behavior, & hallucinations
- 90% of serotonin receptors in intestines (regulates appetite)
- Insufficient serotonin – associated with depression & obesity



QUES:

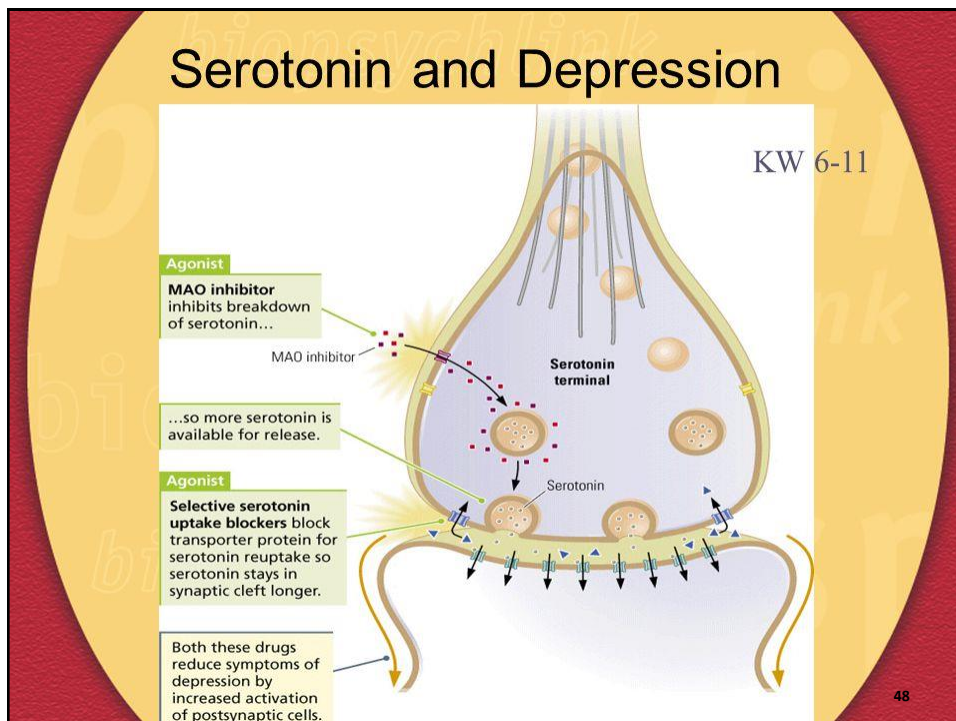
What can you give to build up serotonin in synapses?

QUES:

WHY would there be multiple drugs to treat the same problem???

47

47



48

II. Monoamine Neurotransmitters

Dopamine

> Produced by substantia nigra neurons in midbrain (of brainstem)

2 functions:

1) fine motor control (nigrostriatal dopamine system)

- > Insufficient dopamine - *Parkinson's*
- *Clinical App [online](#)*

> Excess dopamine - "Schizophrenia"

2) emotional reward system (mesolimbic dopamine system) "addiction"

49

49

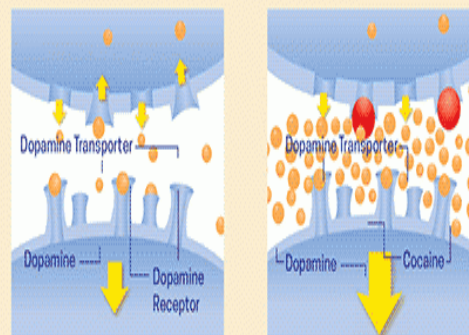
Some drugs target the brain's pleasure center

Brain reward (dopamine pathways)



These brain circuits are important for natural rewards such as food, music, and sex.

How drugs can increase dopamine



While eating food

While using cocaine

Typically, dopamine increases in response to natural rewards such as food. When cocaine is taken, dopamine increases are exaggerated, and communication is denied.

<https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/drugs-brain>

50

Cocaine, Dopamine, & Addiction (Clinical App [online](#) & Pg 76 – 77 Wiki Physiology text)

Cocaine is an agonist to dopamine, serotonin, and norepinephrine (excess amount of these)

Presentation reflects this:

- Hallucinations (too much serotonin)
- Muscle tremors and addiction (too much dopamine)
- High energy, fight or flight. (too much epinephrine)



51

51

II. Monoamine Neurotransmitters

Norepinephrine/epinephrine (a.k.a noradrenaline & adrenaline)

- > **Epinephrine in PNS** for autonomic sympathetic regulation (fight/flight)
 - ↑ heart and respiratory rates, ↓ activity GI tract smooth muscles
- > **Norepinephrine in CNS** for general arousal (stimulatory)

Works by 2 types G-protein coupled receptors (Table 6.3)

- 1) **alpha adrenergic receptors (α -adrenergic)**
- 2) **beta adrenergic receptors (β -adrenergic)**

52

52

II. Monoamine Neurotransmitters

Norepinephrine/epinephrine (a.k.a noradrenaline & adrenaline)

- > **Epinephrine in PNS** for autonomic sympathetic regulation (fight/flight)
 - ↑ heart and respiratory rates, ↓ activity GI tract smooth muscles
- > **Norepinephrine in CNS** for general arousal (stimulatory)

Works by 2 types G-protein coupled receptors (Table 6.3)

1) alpha adrenergic receptors (α -adrenergic)

- _____
- _____



53

53

II. Monoamine Neurotransmitters

Norepinephrine/epinephrine (a.k.a noradrenaline & adrenaline)

- > **Epinephrine in PNS** for autonomic sympathetic regulation (fight/flight)
 - ↑ heart and respiratory rates, ↓ activity GI tract smooth muscles
- > **Norepinephrine in CNS** for general arousal (stimulatory)

Works by 2 types G-protein coupled receptors (Table 6.3)

1) alpha adrenergic receptors (α -adrenergic)

- _____
- _____



2) beta adrenergic receptors (β -adrenergic)

- i. β 1-adrenergic receptor = _____



54

54

II. Monoamine Neurotransmitters

Norepinephrine/epinephrine (a.k.a noradrenaline & adrenaline)

- > **Epinephrine in PNS** for autonomic sympathetic regulation (fight/flight)
 - ↑ heart and respiratory rates, ↓ activity GI tract smooth muscles
- > **Norepinephrine in CNS** for general arousal (stimulatory)



Works by 2 types G-protein coupled receptors (Table 6.3)



1) alpha adrenergic receptors (α -adrenergic)

2) beta adrenergic receptors (β -adrenergic)

i. β_1 -adrenergic receptor = _____

ii. β_2 -adrenergic receptor = _____

55

Table 6.3 | Selected Adrenergic Effects in Different Organs

Organ	Adrenergic Effects of Sympathoadrenal System	Adrenergic Receptor
Eye	Contraction of radial fibers of the iris dilates the pupils	α_1
Heart	Increase in heart rate and contraction strength	β_1 primarily
Skin & GI visceral vessels	Arterioles constrict due to smooth muscle contraction	α_1
Skeletal muscle vessels	Arterioles dilate due to hormone epinephrine	β_2
Lungs	Bronchioles (airways) dilate due to smooth muscle relaxation	β_2
Stomach and intestine	Contraction of sphincters slows passage of food	α_1
Liver	Glycogenolysis and secretion of glucose	α_1, β_2

Source: Simplified from table 6-1, pp. 143-144, of Goodman and Gilman's *The Pharmacological Basis of Therapeutics*. Eleventh edition. J.E. Hardman et al., eds. 2006. McGraw-Hill.

See [Clinical App ONLINE](#): Beta agonists & blockers.

B1 agonist = _____
 ↑ HR and cardiac output
 good for heart failure patients)

B1 & B2 agonist = _____
 ↑ HR and cardiac output & Bronchodilate

B2 agonist = _____
 Bronchodilates
 good for people w/respiratory prob.

B1 & B2 blocker = _____
 ↓ HR and BP & bronchoconstrict
 good for hypertension BUT not people w/respiratory prob. (it will cause bronchoconstriction!)

B1-specific blocker = _____
 ↓ HR and BP
 no effect on bronchioles
 good For hypertension WITH respiratory problems (won't cause bronchoconstriction)

56

56

Beta blocker “generations” *Do NOT memorize!*

(This is just a glimpse into nursing pharmacology.)

First generation (non-specific) beta blockers -blocking B1 and B2 adrenergic receptors.

> [Propranolol](#) & Sotalol

Second generation (specific) beta blockers – blocking only B1 adrenergic receptors.

> [Atenolol](#), metoprolol, & labetalol

Third generation – B1 blocker AND arterial vasodilators as **agonists to nitric oxide and cGMP**.

> Carvedilol & Nebivolol

Contraindications – beta blockers can lead to heart failure if patient has valve disease

Click [HERE](#) to read more about beta blockers, their indications for use, and contraindications.

57

57

III. “Other” Amino Acid (NOT monoamine) Neurotransmitters:

1. **Glutamate** (a.k.a glutamic acid)

- Excitatory in CNS
- found in MSG (monosodium glutamate)
- regulated by glial cell removal (astrocytes)
- excess glutamate = **glutamate “toxicity”**, and is associated w/Alzheimer’s (also influenced by ACh) & Parkinson’s (also influenced by dopamine)

2. **Glycine** – inhibitory in _____

3. **GABA** – inhibitory in _____

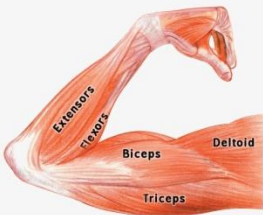
58

58

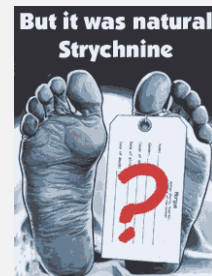
III. "Other" Amino Acid (NOT monoamine) Neurotransmitters:

Glycine

- Inhibitory (IPSPs) by opening Cl⁻ channels
- Primarily in spinal cord
- Coordinates muscle movement by regulating antagonistic muscle contraction & relaxation (Ex. biceps brachii & triceps brachii)



Strychnine poisoning - inhibits glycine relaxation of diaphragm. Diaphragm stays tense, can't exhale. Die from asphyxiation.



59

III. "Other" Amino Acid (NOT monoamine) Neurotransmitters:

GABA

- Inhibitory (IPSPs) by opening Cl⁻ channels
- Found primarily in brain synapses (90%) - Coordinates muscle movement in cerebellum (fine motor control and "muscle memory" patterns)
 - *this is why Xanax works to calm panic attacks. Xanax is a GABA agonist in the brain.*
- Insufficient GABA associated w/Huntington's disease (autosomal dominant genetic disorder).

QUESTION:

Why is benzodiazepam (Valium) a treatment for Huntington's disease or cholinergic syndrome??



60

IV. Gaseous Neurotransmitters:

Nitric Oxide (NO)

Sexual arousal stimulates parasympathetic response

- > causes NO production
- > NO activates G protein, guanylate cyclase, & cGMP 2nd messenger
- > cGMP causes vasodilation in penile arterioles
- > Corpus cavernosa fills w/blood = erection.

Stimulation wanes: enzyme breakdown by **Phosphodiesterase** (enzyme that breaks down cGMP and stop vasodilation).

Erectile dysfunction drugs like Viagra, Cialis, Levitra work as **phosphodiesterase inhibitors**. So, these drugs are **cGMP agonists**



61

Review

– Other Neurotransmitters

- **Monoamines (Dopamine, serotonin, norepinephrine)**
 - Their functions & disorders
 - Removal of serotonin by *reuptake
 - Low serotonin treated with SSARs
 - Removal of dopamine serotonin, norepinephrine by MAO.
 - Low dopamine or serotonin treated with MAO-I's
- **Amino acid-based (glutamate, glycine, GABA)**
- **Nitric Oxide, cGMP, phosphodiesterase, and ED drugs**

62

62