

MOTIVATION and EMOTION

Psychology 323

Fall 2009

Time & Location: Class: M W F, 12:30-1:20, CEMC 234B;
Laboratory: TH 12:45 – 3:45, CEMC 234B

Instructor: Teresa Herzog, Ph.D.

Office: CEMC 109-F

Office Hours: M F, 1:30 – 4:30PM and T 1:30 – 3:30 PM and by appointment

Telephone: 661-1562 (office) or 661-1378 (department)

E-mail: therzog@fmarion.edu

Texts: Understanding Motivation and Emotion Johnmarshall Reeve. Wiley.
Publication Manual of the APA. (5th Ed.) APA.
Three-Ring Binder
Memory stick

Prerequisites: This course is for psychology majors. The prerequisite is PSY 303, Research Methodology, and its prerequisites, PSY 206, PSY 216, Math 114, CS 150, and PSY 302.

Course Topics and Objectives

This course has three important objectives:

One: You will design, conduct, and complete 1 group research project in the area of motivation and emotion.

Two: You will learn the basic form of research presented in the conventional style of our discipline as dictated by the American Psychological Association (APA).

Three: You will become familiar with the fundamental principles and research findings in the area of motivation and emotion.

EXAMS: There will be a midterm and a final examination, both based on material from the lecture and the text. There are no make-ups for the midterm exam: A missed exam will be made up as a comprehensive final exam during finals week (exams are 15% of the total grade). In addition, quizzes will be given at regular intervals (please see class schedule). No make-ups will be available for the quizzes; the lowest quiz score will be dropped (28%).

GROUP RESEARCH PROJECT: Your research project may be done individually or in small groups, no larger than three people to a group. The graded components of the project are:

- (1) An APA-style paper will fully report a research project designed, analyzed, and completed during the lab. Twenty published research articles must be included in the text of your paper to provide background/justification for your project. These articles will make up the introduction of your APA write-up. Requirements for the paper are set out in the APA Manual and will be covered during the laboratory section of this course. You will be graded on adherence to APA-style. (15% of grade).
- (2) A poster presentation to be presented at an FMU poster fair. Guidelines and assistance for preparing these posters will be presented during lab. No student will receive credit for the poster without full attendance at the fair (10% of grade)

IN-CLASS PROJECTS: Each lab session will include a mini-research project that will form the basis for a review of the basic principles of statistics, measurement, analysis in SPSS, basic research design, and APA-style scientific writing (22% of grade). In addition, many classes will

include an applied problem, drawn from the week's topic, in case study format. These case studies will generally be worked in small groups and then discussed by the class as a whole (10%). They are listed on the class schedule.

GRADING: Academic dishonesty will not be tolerated. Cheating in this class will result in a zero for the work and a grade in the class no higher than "C." The grading scale is as follows:

<u>GRADE</u>		<u>POINTS</u>
A:	90 – 100% correct	180 - 200
B:	80 – 89% correct	160 - 180
C:	70 – 79% correct	140 - 160
D:	60 – 69% correct	120 - 140
F:	0 - 59%	below 120

ATTENDANCE: Attendance in this class is critical to understanding the material. Although the lectures will cover many of the main points of the book, supplemental material will also be presented. In addition, exams will include questions covering lecture material potentially not covered by the book. For this reason, my attendance requirement stipulates that, on the day of the 5th absence you will be automatically dropped from the class. I do not give out my lecture notes. If you must be absent, ask to borrow the notes from another student. Also, if you are absent the day following an assignment return, you can collect that assignment in my office.

SEMESTER SCHEDULE

DATE	TOPIC	CHAPTER PGS	In Class	Application
W Aug 26	Introduction		<i>Case 1</i>	Know your classmates
F Aug 28	Theories of Motivation	Chap 2; 24-43	<i>Case 2</i>	Explain real behavior using theory
M Aug 31	The Motivated & Emotional Brain	Chap 3; 47-62	Quiz 1 (Chapter 2)	
W Sept 2	Motivational Brain Systems	Chap 3; 62-71		
F Sept 4	Physiological Needs: Regulation & Thirst	Chap 4; 76-87	Quiz 2 (Chapter 3) <i>Case 3</i>	Listen to others talk about an issue important to them
M Sep 7	Physiological Needs: Hunger	Chap 4 88-96	Case 4 Thin	Investigate first psychological need: CONTROL
W Sep 9	Sex Reproductive Strategies Mate Selection Sexual Selection	Chap 4 96-104	Case 5	Sex & Face Perception

F Sep 11	Fundamentals of Motivation: Types of Motivators Intrinsic & Extrinsic Reinforcers & Punishers Rewards	Chap 5 109-128	Quiz 3 (Chapter 4)	
M Sep 14	Fundamentals of Motivation: Cognitive Evaluation Cognitive Evaluation Theory Self-Determination Theory Control & Information Motivating for Interest Motivating for Performance	Chap 5 128-138	Case 6	Make a behavior-change program with your partner
W Sep 16	Psychological Needs: Organismic Needs Person-Environment Dialectic Autonomy Hidden Costs of Choice	Chap 6 142-154	QUIZ 4 (Chapter 5)	
F Sep 18	Psychological Needs: Competence & Relatedness Challenge, Feedback, & Flow Engagement Communal & Exchange Relations Attachment	Chap 6 154-168	Case 7	Review behavior change
M Sep 21	Social Needs: Achievement Implicit Theories	Chap 7 171-192	QUIZ 5 (Chapter 6)	
W Sep 23	Social Needs: Affiliation & Power Aggression	Chap 7 159-180	Doll House Case 8 Discipline	What leads to early aggression?
F Sep 25	Setting Successful Goals Metacognition Procrastination	Chap 8 205-226	QUIZ 6 (Chapter 7) Case 9	Set a Goal

M Sep 28	Personal Control: Expectancy Self-Efficacy & Mastery Contingency	Chap 9 230-244		
W Sep 30	Personal Control: The failure of personal control Learned Helplessness Depression Reactance Hope	Chap 9 244-260	<i>Case 10</i> Home	
F Oct 2	Midterm Review		QUIZ 7 (Chapters 8 & 9)	
M Oct 5	Midterm			
W Oct 7	The Self Self-Concept Self-Esteem Possible Selves Cognitive Dissonance	Chap 10 264-275		
F Oct 9	The Self Differentiation & Integration Self-Regulation	Chap 10 275-292	<i>Case 11</i>	Review Goal Achievement
M Oct 12	Fall Break			
W Oct 14	Emotion: Definition Biological Aspects Cognitive Aspects	Chap 11 298-311	QUIZ 8 (Chapter 10)	
F Oct 16	Emotion: Function Coping Functions Social Functions Mood vs. Emotion	Chap 11 317-326		
M Oct 19	Emotion Physiological Activity Facial Activity	Chap 12 330-343	QUIZ 9 (Chapter 11)	
W Oct 21	Emotion The structure of emotion	Chap 11 312-317		
F Oct 23	Propose Study			
M Oct 26	Propose Study			

W Oct 28	Emotion Cognition & Emotion	Chap 12 344-357		
F Oct 30	Cognitive & Social Theories of Emotion	Chap 12 357-362	<i>Case 12</i> Smoke Signals	Describe cultural aspects of emotion
M Nov 2	Personality Big Five Hardiness	Chap 13 367-374	QUIZ 10 (Chapter 12)	
W Nov 4	Personality Arousal Stress Sensation Seeking & Risk Taking	Chap 13 374-383		
F Nov 6	Personality Control	Chap 13 383-388		
M Nov 9	Unconscious Motivation The Unconscious	Chap 14 391-401	QUIZ 11 (Chapter 13)	
W Nov 11	Unconscious Motivation: Psychodynamic Theory Ego Defense Mechanisms	Chap 14 401-415	<i>Case 13</i> Millionaire	Recognize Ego Defense Mechanisms
F Nov 13	Unconscious Motivation: Psychodynamic Theory Attachment vs. Object Relations		<i>Case 14</i> Gilligan	Analyze a complex case study
M Nov 16	Growth Motivation Holism Self-Actualization	Chap 15 401-415	QUIZ 12 (Chapter 14)	
W Nov 18	Positive Psychology Happiness Well-being Optimism & Pessimism	Chap 15 415-445		
F Nov 20	Applying Motivational Principles 1	Chap 16 447-463	<i>Case 15</i>	Changing behavior with cognition & emotion
M Nov 23	Applying Motivational Principles 2	Chap 16 p. 464	<i>Case 16</i>	Reviewing behavior change with cognition & emotion
W Nov 25	Thanksgiving Break			
F Nov 27	Thanksgiving Break			

M Nov 30	Present Study			
W Dec 2	Present Study			
F Dec 4	Work on Posters			
M Dec 7	Poster Session			

Lab Schedule

Date	Topic
27 August	Review of Scientific Method & SPSS
3 September	Review of Variables: Research Method & Scales of Measurement Review of Data Analysis: Correlation & Comparison of Means
10 September	Applied Data Analysis: <i>t</i> -tests Choosing Parametric vs. Nonparametric tests
74 September	Applied Data Analysis: ANOVA
24 September	Scientific Writing: Results & Method Sections
1 October	Scientific Writing: Introduction & Discussion Sections
8 October	Simple Regression Form Groups and choose project topics Examine Measures used in chosen study
15 October	Multiple Regression Hierarchical Regression Conduct Literature Search
22 October	Data Reduction & Factor Analysis Configure Data Set Analyze Descriptives <i>Reference Section Due</i>
29 October	Individual Meetings with Dr Herzog to review analyses <i>Method Section Due</i>
5 November	<i>Results Section Due</i>
12 November	<i>First Draft Due</i>
19 November	Review of APA poster format
26 November	Happy Thanksgiving!
3 December	To Present in Poster Fair: <i>Poster Due</i>

Final version of your poster will be evaluated in class on **4 December**
Those approved will present at the Poster Session on **7 December at 3:00.**